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Directive #01-20

**TO: Assignment Judges
Trial Court Administrators**

FROM: Glenn A. Grant, J.A.D., Acting Administrative Director

**SUBJ: Drug Court — State of New Jersey Adult Drug Court Program Participant
Instructions: Doctors, Medicine and Drug Court**

DATE: January 3, 2020

This directive promulgates the revised ***State of New Jersey Adult Drug Court Program Participant Instructions: Doctors, Medicine, and Drug Court*** form, as approved by the Judicial Council. The form provides direction to participants of the Adult Drug Court Program regarding prescription and non-prescription medication. Common prescription and over the counter (OTC) medicines to avoid are listed including analgesics, benzodiazepines, stimulants, and medical marijuana. Participants are also directed not to take other people's medication, what to do if there is doubt about taking a medication, and emergency instructions. Participants are required to sign and acknowledge receipt of this form.

Questions regarding this policy may be directed to Donna Westhoven, Statewide Drug Court Manager via email at Donna.Westhoven@njcourts.gov or by telephone at 609-815-2900 ext. 55316.

Attachments (Form - CN 12527 (English and Spanish versions))

cc: Chief Justice Stuart Rabner
Criminal Presiding Judges
Drug Court Judges
Steven D. Bonville, Chief of Staff
AOC Directors and Assistant Directors
Special Assistants to the Administrative Director
Donna Westhoven, Statewide Drug Court Manager
Criminal Division Managers and Assistants
Probation Division Managers and Assistants
Marcia Matthews, Assistant Drug Court Manager



New Jersey Judiciary
Adult Drug Court Program

**Participant instructions
Doctors, Medicine and Drug Court**

Question: What do you do if you need to go to a doctor or hospital for pain or other medical problem?

Answer: *Tell the doctor or nurse who examines you that you are in recovery.*

Why? Most doctors and nurses these days will understand that a person in recovery should not take certain medications such as narcotic painkillers, certain cough syrups (with alcohol and codeine), muscle relaxers or tranquilizers. **Make sure that you tell any medical professional who is treating you that you are in recovery. Explain to them that you should not take any mood/mind altering substances as it may trigger a relapse and may result in a positive drug test.**

Common Prescription Medicines

Common medicines that you cannot take while in drug court unless there is a **verified medical emergency** and the **doctor has indicated that there is no other reasonable medical alternative to the proposed medicine, explained why, and the expected duration**, include but are not limited to:

Analgesics (painkillers)	Benzodiazepines (anti-anxiety drugs)	Stimulants
<ul style="list-style-type: none"> • Darvon or Darvocet (Propoxyphene) • Gabapentin (Gabril, Neurontin, Gralise) • Percocet or Percodan (Oxycodone) • Tylenol 3 (with Codeine) • Vicodin (Hydrocodone) 	<ul style="list-style-type: none"> • Ativan (Lorazepam) • Librium (Chlordiazepoxide) • Valium (Diazepam) • Xanax (Alprazolam) 	<ul style="list-style-type: none"> • Adderall • Adderall XR • Concerta • Mydayis • Ritalin

Over the Counter (OTC)

allergy/cold/cough medication containing any of the following compounds

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|---|--|--|
| <ul style="list-style-type: none"> • Alcohol • Dextromethorphan | <ul style="list-style-type: none"> • Diphenhydramine • Doxylamine • Pseudoephedrine | <ul style="list-style-type: none"> • Phenylpropanolamine • Propylhexadrine |
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Examples of OTC medicine to avoid:

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|--|--|--|
| <ul style="list-style-type: none"> • Actifed • Benadryl • Benylin • Benzedrex • Comtrex • Contac | <ul style="list-style-type: none"> • Coricidin D • DayQuil • Dimetapp • Neo-Synephrine • NyQuil • Robitussin Sinus • Sine-Off | <ul style="list-style-type: none"> • Sinutab • Sudafed • Tylenol Cold • Vicks 44D • Vicks 44M • Zytrec-D |
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Medicinal Marijuana

Important Points to Remember

Other People's Medications:

Never take any medication prescribed for someone else such as your mother, father, sisters, brothers, boyfriend, girlfriend, friends and neighbors. **Using medication prescribed to another person is a violation of federal law and drug court rules.**

When You Are Not Sure:

When in doubt, ask your doctor, treatment provider and probation officer before taking any medications or supplements of any kind.

Poppy Seeds:

Never, ever eat poppy seeds or "everything bagels" because they can give a false positive for morphine. Do not ever try to explain away a positive drug test by saying you ate poppy seeds. It will not work.

In Case of Emergency, Always Follow the Instructions of Your Doctor

but carry this notice with you so that you can show it to any medical personnel.

Participant signature acknowledges that you have received a copy of this document. If you have any questions, please ask your probation officer.

Date

Signature of Drug Court Participant

Print Name

Signature of Witness

Print Name/Title



Instrucciones para los Participantes Doctores, Medicinas y el Tribunal de Drogas

Participant instructions - Doctors, Medicine and Drug Court (Spanish)

Pregunta: ¿Qué debe hacer si necesita ir a un doctor u hospital debido a un dolor u otro problema médico?

Respuesta: *Dígale al doctor o a la enfermera que le examine que usted está en recuperación.*

¿Por qué? La mayoría de los médicos y enfermeras hoy en día entienden que una persona en recuperación no debe tomar ciertas medicinas, tales como analgésicos narcóticos, ciertos jarabes para la tos (con alcohol y codeína), relajadores musculares o tranquilizantes. **Asegúrese de decirle a todo profesional médico que le esté tratando que usted está en recuperación. Explíqueles que no debe tomar ninguna sustancia que altere su mente o estado de ánimo ya que puede provocarle una recaída y puede darle un resultado positivo en una prueba de antidopaje.**

Medicinas comúnmente recetadas

Las medicinas comunes que **no** puede tomar mientras que esté en el tribunal de tratamiento de drogas a menos que haya una **emergencia médica verificada** y el doctor indique que **no hay ninguna otra alternativa médica razonable para la medicina propuesta**, explicando los motivos y el tiempo que espera que dure el tratamiento, incluyen, entre otras:

Analgésicos (medicamentos contra el dolor)	Benzodiazepinas (ansiolíticos/sedantes)	Estimulantes
<ul style="list-style-type: none"> Darvon o Darvocet (Propoxifeno) Gabapentina (Gabril, Neurontin, Gralise) Percocet o Percodán (Oxicodona) Tylenol 3 (Paracetamol con Codeína) Vicodin (Hidrocodona) 	<ul style="list-style-type: none"> Ativan (Lorazepam) Librium (Clordiazepóxido) Valium (Diazepam) Xanax (Alprazolam) 	<ul style="list-style-type: none"> Adderall Adderall XR Concerta Mydayis Ritalina

Medicamentos de venta libre (Sin receta médica)

Medicinas para la alergia/resfriados/la tos que contengan cualquiera de los siguientes compuestos:

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| <ul style="list-style-type: none"> Alcohol Dextrometorfano | <ul style="list-style-type: none"> Difenil-hidra-mina Doxilamina Pseudoefedrina | <ul style="list-style-type: none"> Fenilpropanolamina Propil-hexadrina |
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Ejemplos de medicinas de venta libre que se deben evitar:

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|--|---|--|
| <ul style="list-style-type: none"> Actifed Benadril Benilin Benzedrex Comtrex Contac | <ul style="list-style-type: none"> Coricidin D DayQuil Dimetapp Neo-Sinefrina NyQuil Robitussin Sinus Sine-Off | <ul style="list-style-type: none"> Sinutab Sudafed Tylenol Cold Vicks 44D Vicks 44M Zytrec-D |
|--|---|--|

Marihuana medicinal

Puntos importantes que debe recordar

Medicaciones para otras personas:

No tome nunca ninguna medicación recetada para otra persona, como para su madre, padre, hermanas, hermanos, novio, novia, amigos, amigas y vecinos. **El uso de una medicina recetada para otra persona es una transgresión de la ley federal y de las reglas del tribunal de tratamiento de drogas.**

Cuando no esté seguro:

Si estuviera en duda, pregúntele a su médico, al proveedor de tratamiento y agente de libertad a prueba antes de tomar cualquier medicamento o suplemento de cualquier tipo.

Semillas de amapola

Nunca, jamás coma semillas de amapola (poppy seeds) ni roscas de pan (bagels) con todo porque le podrían dar un positivo falso para la morfina. Nunca trate de justificar una prueba positiva de droga diciendo que comió semillas de amapola. No le va a funcionar.

En un caso de emergencia, siga siempre las instrucciones de su médico, pero lleve esta notificación con usted en todo momento para que pueda mostrársela a cualquier personal médico.

La firma del participante reconoce que usted ha recibido una copia de este documento. Si tiene alguna duda, no vacile en hacerle sus preguntas al agente de libertad a prueba.

Fecha

Firma del Participante en el Tribunal de Tratamiento de Droga

Escriba su nombre y apellido en letra de imprenta

Firma del (de la) testigo

Escriba su nombre y apellido en letra de imprenta/Título