

## Support Groups Online

### Online

Online Intergroup : Alcoholics Anonymous

<http://aa-intergroup.org/directory.php>

Al-Anon Electronic Meetings

<https://al-anon.org/al-anon-meetings/electronic-meetings/>

Adult Children of Alcoholics

<https://adultchildren.org/quick-search/?audiobt=Click+Here>

In The Rooms

Free online recovery tool, 130 weekly meetings-- 12 Step, Non-12 Step, Wellness & Mental Health

<https://www.intherooms.com/home/>

<https://virtual-na.org/>

<https://www.12step.org/social/online-meetings/>

CoDependents Anonymous Online & Phone Meetings: <https://coda.org/find-a-meeting/online-meetings/> <https://coda.org/find-a-meeting/phone-meetings/>

Nicotine Anonymous Online & Phone Meetings: <http://nicotine-anonymous.org/phone-meetings.html> <http://nicotine-anonymous.org/internet-meetings.html>

Variety of meetings offered at Lion Rock Recovery for free (online Tx Provider, apparently)

<https://www.lionrockrecovery.com/online-aa-meetings-and-support-groups>

SMART Recovery has forums: <https://www.smartrecovery.org/community/>

<https://www.pcworld.com/article/2091042/seven-apps-to-help-you-stay-sober-one-day-at-a-time.html>

<https://newperspectivesfl.com/blog/sobriety-apps/>

<https://www.rehabs.com/smartphone-apps-for-recovery/>

### **Recovery meetings by Phone**

NA by Phone [www.nabyphone.com](http://www.nabyphone.com)

Narcotics Anonymous, recovery, 12 Step meetings, drugs, drug help, drug counseling, disease, addiction, narcotics, old school na, anonymi, spiritual, Higher ...

Meeting Schedule - NA by Phone [meetings.nabyphone.com](http://meetings.nabyphone.com)

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Sunday. Mobile Users: Tap on underlined number to automatically dial number and enter access code. In meeting, \*6 will mute and unmute. On playback, follow ...

Online Meetings - NA.org [www.na.org](http://www.na.org) › [meetingsearch](#) › [text-results](#) › [city](#) › [zip](#) › [street](#) › [lang](#)  
Narcotics Anonymous Meeting Search Results. Showing results for: Web Your search produced 150 result(s). All meetings are non-smoking unless noted ...

NA By Phone - Home | Facebook [www.facebook.com](http://www.facebook.com) › [Pages](#) › [Other](#) › [Community](#)  
NA By Phone. 6.2K likes. This page is intended to direct addicts to NA phone meetings so they can hear a message of recovery: [www.nabyphone.com](http://www.nabyphone.com) Backdoor.

NA by Phone – HIGNA [www.higna.org.uk](http://www.higna.org.uk) › [Other NA Meetings Online & Phone](#)  
Originally started in 2008 as outreach to carry an NA meeting to a hospitalized member in FL, teleconference meetings have grown to meet the needs of many ...

AA Conference Call

A meeting every day at 2pm—just dial in. Call 425-436-6360 Access Code 422932

## Apps

SoberGrid is a free iOS and Android supported Sober Social Networking App

SoberTool